**Nebraska Child Abuse Prevention Fund Board**

**February 7, 2020 Meeting Minutes**

**Members Present**: Shelly McQuillan, Mary Beth Hanus, Paul Nelson, David Hansen, Jillian Chance (arrived at 11:00), Emily Kluver, Sara Morgan. **Excused**: Lisa Knoche

**Staff**: Betty Medinger, Wendi Schulz, Kathy Stokes, Brenda Weyers (morning presentation)

Guests: Stephanni Renn (until noon), Jeff Cole (afternoon presentation), Nathan Bush (afternoon presentation)

Call to Order at 9:35 a.m.

**November Meeting Minutes**

Reviewed minutes from July meeting. It was moved and seconded to approve the minutes. Approved.  
  
**DHHS Budget Update**

* DHHS will request an increase in spending authority for the NCAPF Board from the Legislature. Proposed increase to 500k. Will begin on July 1 and the board may need to increase allocations over a longer time. Will need to decrease in about 5 years and this should inform long term commitments
* Add standing agenda item – Report from Emily on spending and amount remaining in the account.

**Budget Report**

* Previous year: Remaining balance $75993k. Amount allocated was $394,377.
* Current year: Community grantee invoices for the 2nd quarter are being reviewed.
* Quarter 1 and 2 spending is higher than last year

**Board Development**

* **Family First** – Family First Prevention Services Act passed in 2018, and Nebraska is one of the first states that chose to be involved. This will allow more existing funds to be used for prevention and without families entering the child welfare system. Healthy Families America (home visitation) which NE has through federal and state funds is one of the strategies that may be reimbursed. A new child welfare version of HFA which extends the referral period from children aged up to 3-months to up to 2-years will be included for families referred through DHHS.
* Parents as Teachers (implemented through Sixpence) and PCIT are among other strategies that may be reimbursed.
* **Bring Up Nebraska** – State and community representatives recently traveled to Seattle to receive a Communities of Hope award from the Jim Casey Foundation for Bring Up Nebraska. On April 6th, several events are being planned in Nebraska in conjunction with Child Abuse Awareness month. A luncheon and afternoon meeting will bring community representatives, state partners and others together for celebration and continued learning.

**Marketing and Communications**

* The Prevention Store is open, and orders are coming in
* Digital and radio spots have been set
* A toolkit with a press release template, share graphics, guidance of effective communications, and other resources is being updated
* We will be placing social media ads on Facebook and Instagram
* We will be reaching out to influencers in various sectors to share messages
* We will ask parents to review the information and make suggestions for improvements

**Program Report**

* A written summary of progress in PIWI, PCIT, COS-P, Community Cafés and Youth and Families Thrive was presented with brief comments.

**Allocations Overview for 2020-2021**

* Board members reviewed a grid with current year strategies, grantees and funding amounts and options for investments in the coming year.
* This is a transition period to continue some previously supported strategies through other sources and to consider new strategies for board investment.
* PIWI can be transitioned to Rooted in Relationships.
* PCIT funding will continue for communities beginning their fifth year or less. Other resources are in the process of being developed for support, including CCFL’s Nebraska Resource Project for Vulnerable Young Children and the System of Care. Family First could help support training. The Society of Care for tribes has funds to train 8 therapists. NCAPF could provide training only and another ‘hub’ could provide follow-up. Medicaid helps provide reimbursement for qualified families. NCAPF funds should support Medicaid provider therapists only. It was recommended that therapists have connection to a community coalition.
* Potentially increase Community Café funding with one or more new applicants.

**Strategic Planning Follow-Up**

Depression Screening

* Sara reported that Public Health advocates for postpartum depression screening where they are involved. A maternal behavioral health conference coming up is geared to providers that work with pregnant and post-partum women. A pediatric mental health care access project in partnership with the Munroe Meyer Institute offers expert consultation through and mental health providers across the state and depression screening that can be done by non-professionals in community settings like childcare settings and schools. Work is underway to create a detailed list of screening tools for comparison of several variables such as cost and validation.
* Jill presented information in a PowerPoint that covered signs and symptoms, risk factors for development, adverse outcomes for children, epidemiology, AAP recommendations for screening. About 10-20% of women experience post-partum depression that often peaks around 2-3 months after birth. The information also included varying screening practices in Lincoln, Omaha, Greater Nebraska and other states as well as what happens after positive screenings. Treatment may include cognitive behavior therapy and/or medication.
* Guest Jeff Cole shared information on after school and summer learning opportunities for hands-on learning and other activities that most communities need. It’s a positive youth development approach filling what otherwise might be hours of risk and filling potential achievement gaps due to lack of opportunity. Some support is provided through 21st Century Community Learning Center funds though rural communities often benefit from more locally based and sustainable efforts. Jeff described the 20 Think, Make, Create labs for mobile STEM learning in the field now that cost about $11,000 each. He is also working to tailor the labs to specific cultures, and to link college students to schools for subjects like robotics.
* Guest Nathan Busch provided an overview of the Nebraska Behavioral Health System of Care. This system is a collaboration between public and private partners to provide behavioral health services from prevention through intervention. Private funds have supported therapists to reach families in schools and at home. A previously limited mobile youth crisis response now has a statewide entry system, has served 1,500 kids; 75% were able to remain at home, 25% were hospitalized and only 2% were referred to child welfare. The center to western part of the state has the greatest needs with most referrals coming from law enforcement except for Region 3 where it is the schools. Efforts are developing to support PCIT through training and a community of support. NE is a behavioral desert for 11-18-year-olds and Functional Family Therapy (FFT). could provide some additional needed services. (45 other states have authorized providers and NE has none.) Referrals to FFT are usually made for defiance and behavior altercations in the family, bullying, truancy, etc. Training cost is about $30,000 for each group and cost for the usual 12-24 sessions per family is about $2,000. They are also exploring suicide and substance abuse prevention possibilities.

*Discussion*

Shelly would like to do something for youth ages 11-18, e.g., FFT. Also likes TMC labs while Mary Beth cautioned around training and supervision at sites.

Emily noted the importance of infrastructure for strategies. For example, FFT in Central NE has the involvement of Children and Family Services, Juvenile Justice, Behavioral Health and others (beyond providers and agencies).

More information on FFT was requested.

Information on safety and other staff training was requested for TMCs. Dave asked how afterschool and summer learning programs might think about their work as child abuse prevention.

Emily responded to a question about foster care housing vouchers saying DHHS tracks these for all youth exiting the system.

**Approval to Issue Requests for Applications**

PCIT and COSP. Members recommended accepting applications from PCIT grantees in their 5th contract year or less. They suggested that Nebraska Children provide information on other sources that longer tenured grantees can use for continuation, e.g., Family First. Applicants should submit a simplified proposal with a scope of work and budget. Applications should include brief information on progress in the past grant year and the first six months of this grant year. Mary Beth suggested the board might reward leveraging. In the future, new applications should go through coalitions. Include discussion on a future agenda. Sara would like to see detailed, longer-term funding information for the community grantees. Expansion of COS-P from 10 to 20 classes through the current grantee was approved. Motion was made, seconded and approved to allocate $143,125 for PCIT and COSP in response to applications from grantees in their 5th contract year or less.

Community Cafés. Motion was made, seconded and approved to allocate $73,500 to respond to applications from communities and a proposal from the Children’s Trust Fund Alliance.

Nebraska Children. Motion was made, seconded and approved to allocate $75,000 for a proposal from Nebraska Children.

The meeting was adjourned at 2:22 p.m.

**Next Meeting**: April 3