**Statewide Central Navigation Call**

October 14, 2021

**Chat Box:**

Introduce yourself

Questions/Answers throughout the call

**Agenda: Behavioral Health**

* Opening Exercise – Mindfulness
* Information Sharing and Updates
  + Nebraska Dept of Ed. Partnership – Full-Service Community Schools
    - Systematic approach to a partnership which will look different within the districts
    - Focusing on supporting schools with the resources we can provide
    - Four communities we are focusing on: Grand Island, Fremont, Skyler, and South Sioux City
    - Related to Behavioral and Mental health seeing students mentally still in last year because they didn’t get the ‘full’ experience
    - Ideally want schools to focus on academic assistance for students and the community/families giving behavioral and mental health assistance
    - Email Joe DiCostanzo with any questions – email in chat
  + Department of Behavioral Health – System of Care and SAMSHA block grants
    - Information will come out next week on the Webinars
    - 988 will roll-out July 1, 2022
    - Have started a DHHS behavioral health focus going across the five areas
    - Through ARPA funds, states received additional block grant funding
      * Looked at needs and gaps and identified number of opportunities to grow and build a more robust continuum
      * Focused on prevention, treatment, and recovery
    - Looking at finding emergency beds and helping people find those resources
    - Providing peer support with those who have lived experience
    - Technology to reach across the state and provide resources
    - Expanding resources whose capacity is being stretched
    - Adding diversity into each incentive
    - Those interested in further information regarding the block grant can send their information to Michelle Nunemaker – email in chat
  + Society of Care
    - Resource for native youth and their families for a variety of support
    - Using evidence-based practices and natural practices historically evidenced
  + Family Wellness Workgroup
    - Providing as much support as we can to those within the group doing this important work
    - Doing training for interpreters who work within mental health situations
    - Working on finding ways to add diversity to mental health profession
    - Developing a matrix for stress-busting ideas
    - If you have ideas on family wellness contact Gay Mcate – email in chat
  + Nebraska Dept of Education Partnership – AWARE Grant updates and opportunities
    - Working on the grant with Dept of Behavioral health
    - Grant focusing on bringing behavioral and mental health services within the school and making sure staff is available
    - Got a new grant for five years so will now be working with new school districts
  + Growing Community Connections – local implementation of AWARE grant, collaboration, and behavioral health priority strategies
    - Grant has allowed us to expand mental health options so more kids can get mental health assistance whose parents may not be able to get them somewhere outside school hours
    - Invested in mental health experience and knowledge for staff
    - Due to the need, two more therapists were added to the school system this year
    - Since school has started 103 referrals have been received
    - Did group therapy last year and this year working on adding youth peer support
    - South Sioux City area decided that the kids and families would have no expenses
      * Bill insurance and what insurance doesn’t cover make grants for

**All notes, audio, and chat box recordings are posted at**[**https://www.nebraskachildren.org/frequently-asked-questions-for-communities.html**](https://www.nebraskachildren.org/frequently-asked-questions-for-communities.html)

**Next Call:  October 28, 2021 10am CST**