Greater NE Community Response Call

October 20, 2021

10:00-11:30am

This meeting is limited to CR community Coordinators and Central Navigators in greater Nebraska and is a time to discuss specifics around CR in your area and learn from one another and/or problem-solve and innovate together.

All calls will be recorded, and notes, recordings, and chat box transcription will be posted to the FAQ site: <https://www.nebraskachildren.org/frequently-asked-questions-for-communities.html>

Agenda

* CR Coaching – Youth and Families Thrive
	+ Promotive and Protective factors – when present in community they reduce the affects of
	+ Guiding premises – principles we use while working with youth and families; can operate with best practices
		- Self-Awareness & Self-Care
			* Including these premises I the work place lead to people who can best support others
			* Consider the ideas and values you hold; how they affect others around you
			* Emotional awareness, accurate self-assessment (strengths & limits), self-confidence
			* Understanding where you come from and thoughts you have for how they might affect others
			* Self-reflect on our thoughts and beliefs
		- Relationships
			* Understanding that attachments, connections, and relationships are a primary source of growth and learning
			* Need to take time to be available for relationships to develop
			* Trust is an important part among relationships – important to let others know trust can be relearned when working with youth
			* Through relationships we express our humanity
		- Coaching
			* Human helps the human, not the policy – policy leads us only
			* Working on us committing to the individual and helping them rather than them working through the systems
			* We are the ones accountable to help them while building the relationship
			* If help arrived first, they were able to continue coming with issues or communication
* Regional Break Out Session
	+ Northeast Area
	+ Southeast Area
	+ Central Area
	+ Western Area
	+ Discussion:
		- Introduce new regional team members
		- Regional team planning and follow-ups (Continued)
		- Regional specific topics (continued)