Greater NE Community Response Call

October 20, 2021

10:00-11:30am

This meeting is limited to CR community Coordinators and Central Navigators in greater Nebraska and is a time to discuss specifics around CR in your area and learn from one another and/or problem-solve and innovate together.

All calls will be recorded, and notes, recordings, and chat box transcription will be posted to the FAQ site: <https://www.nebraskachildren.org/frequently-asked-questions-for-communities.html>

Agenda

* CR Coaching – Youth and Families Thrive
  + Promotive and Protective factors – when present in community they reduce the affects of
  + Guiding premises – principles we use while working with youth and families; can operate with best practices
    - Self-Awareness & Self-Care
      * Including these premises I the work place lead to people who can best support others
      * Consider the ideas and values you hold; how they affect others around you
      * Emotional awareness, accurate self-assessment (strengths & limits), self-confidence
      * Understanding where you come from and thoughts you have for how they might affect others
      * Self-reflect on our thoughts and beliefs
    - Relationships
      * Understanding that attachments, connections, and relationships are a primary source of growth and learning
      * Need to take time to be available for relationships to develop
      * Trust is an important part among relationships – important to let others know trust can be relearned when working with youth
      * Through relationships we express our humanity
    - Coaching
      * Human helps the human, not the policy – policy leads us only
      * Working on us committing to the individual and helping them rather than them working through the systems
      * We are the ones accountable to help them while building the relationship
      * If help arrived first, they were able to continue coming with issues or communication
* Regional Break Out Session
  + Northeast Area
  + Southeast Area
  + Central Area
  + Western Area
  + Discussion:
    - Introduce new regional team members
    - Regional team planning and follow-ups (Continued)
    - Regional specific topics (continued)