**Nebraska Child Abuse Prevention Fund Board**

**November 8, 2019**

Members Present: Shelly McQuillan, Emily Kluver, Sara Morgan (until 11:15), Paul Nelson, David Hansen, Jillian Chance, Mary Beth Hanus, Lisa Knoche

Staff and Consultants Present: Betty Medinger, Kathy Stokes, Jennifer Skala (Bring Up Nebraska), Barb Jackson (Evaluation Report), Brenda Weyers (Marketing and Communications), Gay McTate (Strategic Planning)

**Call to order – 9:32 a.m.**

**July Meeting Minutes**

Reviewed minutes from July meeting. It was moved and seconded to approve the minutes. Approved with one abstention.

**Budget Report (Fiscal Year July 2018 – June 2019)**

* Allocations and Expenditures (handout) Obligated $394,377
  + Community Grantees - $191,750 obligated, $63,138 remaining at year end
  + Contracts (Public Awareness) - $69,000 obligated, 100% spent
  + Grantees (Parent Engagement) - $58,820 obligated, $12,853 remaining at year end
  + Grantees (Training, TA and Evaluation) - $73,807 obligated, $1.17 remaining
  + Question: what is the average amount of annual revenue and the current balance? (Emily will get this information.)
* Update on contracts 2019-2020
  + First quarter fiscal reports haven’t been processed yet.

**Board Development**

* Family First Prevention Services Act (FFPSA)
  + Emily said this changes the way federal funds can be used. Evidence-based programs approved by Children’s Bureau can now be provided to families to help *prevent* children being removed from the home. State plan should be approved by end of the year.
  + Healthy Families America is one of the home visiting programs approved. Our CFS and Public Health Divisions are working together to reach families referred by CFS for voluntary participation. Pilot sites include the Panhandle, Lincoln and Omaha
    - Needs assessment (Public Health) look at county level data on specific indicators to identify at risk counties to determine need and ability to implement if able to expand. CFS would like to target young parents with current or former system involvement.
  + Other potential programs include Kinship Navigator and Trauma Focused Cognitive Behavioral Therapy. PCIT is already included.
  + Emily will send out clearing house information and Family First overview
* Bring Up Nebraska
  + Jennifer provided an overview. This initiative began in in 2017 to bring state partners together to support community-based prevention systems. There are 49 counties involved through the collaborations now. Successes include a reduction in the number of children in the system. Partners include the usual suspects and many others, e.g., faith based, the courts, private funders, businesses, etc.
  + Significant issues identified include housing (#1), pregnant and parenting youth, limited resources in early childhood, behavioral health and substance abuse, failure to meet basic needs, suicide prevention.
  + Challenges also include community level ways to address stigma and social norms for getting help.
  + NCAPF might want to consider partnership in an April event. Casey Family Programs will recognize NE as a state that is successfully addressing prevention

**Annual Evaluation Report**

Dr. Barb Jackson provided an overview of the annual Evaluation Report.

* July 1, 2018 – June 30, 2019 data, 9 communities, over 329 families and 442 children served directly, 92% in poverty
  + Evidence informed strategies to promote protective factors as part of community prevention systems
  + All grantees leveraged $3 million more than previous grant year
  + Training events, organizations and participants all increased from the previous year
* NCAPF Strategies
  + Community Cafés
    - 805 parents/caregivers and their children involved
    - Increased parent engagement and leadership, increased partnerships with families for community change
  + Circle of Security Parenting (COSP)
    - 165 families/288 children served
    - Parent survey indicated an increase in positive parent/child interactions and relationships and a decrease in stress level
  + Parent Child Interactive Therapy (PCIT)
    - Therapists submitted data for 40 families while many more were involved
      * Past year focus was on clean and complete data more than numbers served. Other factors such as Medicaid reimbursement may have influenced reporting.
    - Measures showed significant reduction in children’s’ behavior problems and improvement in parent-child interaction
  + Parents Interacting With Infants (PIWI)
* 124 families involved
  + - Measures indicated significant improvement in parenting skills

Satisfaction surveys for all strategies indicated a high degree of participant satisfaction.

Barb noted that providers are understanding families they serve and themselves better as another result.

**Marketing and Communications**

* Members review the Learfield proposal for radio and social media. It was moved and seconded to decrease funds for radio ads and increase funds for paid social media in 2020. Motion was unanimously approved.

**Strategic Planning**

Betty walked through five documents with background information for planning: indicators grid, map of current Nebraska Children and NCAPF investments, Bring Up Nebraska overview, current allocations and projections for 2020-2021.

Board members engaged in a brainstorming session for potential new investments for the future. The following summarizes topics from this session:

* Depression screening for new Moms; screening for family stress
* Normalize screening for depression. Might do as campaign. Might communicate through schools.
  + Ongoing in Lincoln
  + Consider what happens with positive screens and too few local mental health providers
  + Consider challenges experienced in past attempts
* Mental health availability in greater NE; $ for adult mental health services, family therapy, something else to help
* How to help 8-13-year-olds handle stress and trauma; mental health peer supports for youth/schools, police
  + Research specific needs
  + Education/outreach to schools for behavioral health
* Training available for COS-P facilitators; expand COS-P to meet interest/need
  + Explore further—something to address housing needs?
* Under-served areas; diversity
* Lack of support for mothers who have substance abuse issues; lack of screening for mothers and infants
* Older teens substance abuse
* High percentage of kids in foster care who also have kids
* Screening for child abuse/neglect
* Child welfare workforce
* Reflective consultation
* Better connection to resources

Consultant Gay McTate summarized needs expressed by communities

* Housing
* Cultures and climates in communities that make helping people difficult (us vs. them – social norming)
* Mental health services for adults
* Resources for youth ages 8-13 to handle stress and trauma, behavioral health services
* Not reaching families that need support on an ongoing basis
* Families trapped in poverty
* Triage for schools to identify the “right” service
* Split about when children should be removed (law enforcement vs DHHS) What can we do to help law enforcement feel better about leaving a child in their home?
* What can we do to engage fathers? (involve in what is already available, e.g., COS-P)

Board members discussed the benefits of spreading or adding to what is working

* Increase COS-P. Provide training for COS-P facilitators; expand COS-P to meet interest and need
* Include screening questions within COS-P, PIWI, PCIT sessions
* Improve connection to existing resources for those who need them

Priorities for homework

* Programs for youth aged 8-13 to meet stress and trauma needs (through/with schools)
  + Research specific needs for this group
  + Invite Jeff Cole or Nathan Bush to meeting
* Engaging Fathers within current strategies
* Normalizing depression/mental health screening

**Next Meetings**

February 7, 2020, 9:30 a.m. - 2:30 p.m.

Judy and Jillian will share information on depression screening

April 3, 2020, 9:30 a.m. – 2:30 p.m.

The meeting adjourned at 1:47 p.m.