Going Back to School

Written to support children’s (ages 5-8) re-entry to school after sheltering at home. The reproduction of this document is encouraged. Permission to copy is not required and it may be modified to meet your needs. Special thanks to Jen Gerdes, Holly Hatton-Bowers, Lynne Brehm, and Sami Bradley for their contributions in this story.
My family and I have been staying home to help keep people safe and healthy. I get to go back to school soon.
I feel a lot of feelings about going back to school. Sometimes I feel excited, nervous, scared, sad and happy. Sometimes I feel all of these feelings at the same time.
When I go back to school, there will be some different ways we do things. These different ways of doing things are to help keep us safe and healthy.
The caring adult who drops me off at school might have to answer some questions about how I’ve been feeling or where my family has traveled. I might even get to have my temperature taken each day. Sometimes having my temperature makes me nervous.
My teachers might be wearing masks over their faces. They might look a little funny but, I know they are trying to keep everyone safe and healthy. I might miss seeing their smiles. I know they care about me even when they are wearing masks.
My learning space might look different, too. I feel upset and frustrated sometimes when my books and learning area is different.
Though things may look different, I still play, have fun, and get to learn with lots of materials and books. I know that if I have questions my teachers will answer my questions and help me understand.
The teachers who care about me might ask me to wash my hands many times each day. Sometimes I don’t want to wash my hands, but I know if I do, I can stay safe and healthy and I can keep others safe, too!
I can wash my hands when I get to school, before and after I eat, after I sneeze or cough, and when I get done playing outside. When I wash my hands, I make lots of bubbles and sing my favorite song while I rub my hands together to get off all the germs.
Even though things are different than they used to be, I still have lots of fun at school. I know that everyone cares about me and is doing their best to keep me and all my friends safe and healthy.