**Statewide Central Navigation Call**

December 16, 2021

**Agenda**

* Welcome
* Information Sharing and Updates
  + Behavioral Health Strategic Plan – Listening & learning/988 plan – Michelle Nunemaker, DHHS Behavioral Health
    - Strategic plan for 2022-2024 is based on five pillars
    - Want behavioral health system to be a way people can access no matter who they are (involved in system or not)
    - The plan is on DBH website – link in the chat
    - 988 focus is a system where there is somewhere to call, someone to respond, and someone to go to
      * There are still stakeholder meetings for those interested
      * There is a link on the website to nominate someone you think should be included in the planning
  + Family Wellness task Force and community engagement – Gay McTate, NCFF Consultant
    - February 15 is meeting on how to communicate with community coordinators, or someone designated, on how to create problem solving links continuing
    - We have complied from the focus groups what has been most useful for communities for faith-based groups
    - Taking a look at how mindfulness moments have gone – if you have any feedback please send it to Gay
    - Looking at a family wellness matrix organized around promotive protective factors
  + Behavioral Health Resources and Plan – Zainab Rida, Equity office and Administrator, NDE
    - Office of Coordinated Student Support Services is working to bring all work together around student’s health
    - Have projects starting for school mental health
      * The AWARE Project is a five year grant focusing on school-based mental health services and increasing awareness
      * Two projects have different city focuses
    - With COVID impact NDE determine family’s immediate needs
      * Went through the questions asked in survey and top responses from families
    - NDE is partnering to provide technical support for mental health
      * Have another partner to work with Native American youth
    - Working on creating a structure to support social-emotional learning for consistency and alignment provided to the schools
    - For questions – there are emails for different areas within the video
  + Prevention Legal Services available from Legal Aid and ARPA resources – Milo Mumgaard, Legal Aid
    - Works to stabilize families with free legal assistance to those who wouldn’t be able to afford representation
    - Prioritize work around four areas – housing, children & families, debt & finance, and income & benefits
    - Have programs trying to reach people across the state
    - Intake Process has two methods – apply online lawhelpne.legalaidofnebraska.org or call access line 1-877-250-2016
  + Questions and Discussion
* Mindfulness Moment – preparing for the New Year