**Statewide Central Navigation Call**

December 16, 2021

**Agenda**

* Welcome
* Information Sharing and Updates
	+ Behavioral Health Strategic Plan – Listening & learning/988 plan – Michelle Nunemaker, DHHS Behavioral Health
		- Strategic plan for 2022-2024 is based on five pillars
		- Want behavioral health system to be a way people can access no matter who they are (involved in system or not)
		- The plan is on DBH website – link in the chat
		- 988 focus is a system where there is somewhere to call, someone to respond, and someone to go to
			* There are still stakeholder meetings for those interested
			* There is a link on the website to nominate someone you think should be included in the planning
	+ Family Wellness task Force and community engagement – Gay McTate, NCFF Consultant
		- February 15 is meeting on how to communicate with community coordinators, or someone designated, on how to create problem solving links continuing
		- We have complied from the focus groups what has been most useful for communities for faith-based groups
		- Taking a look at how mindfulness moments have gone – if you have any feedback please send it to Gay
		- Looking at a family wellness matrix organized around promotive protective factors
	+ Behavioral Health Resources and Plan – Zainab Rida, Equity office and Administrator, NDE
		- Office of Coordinated Student Support Services is working to bring all work together around student’s health
		- Have projects starting for school mental health
			* The AWARE Project is a five year grant focusing on school-based mental health services and increasing awareness
			* Two projects have different city focuses
		- With COVID impact NDE determine family’s immediate needs
			* Went through the questions asked in survey and top responses from families
		- NDE is partnering to provide technical support for mental health
			* Have another partner to work with Native American youth
		- Working on creating a structure to support social-emotional learning for consistency and alignment provided to the schools
		- For questions – there are emails for different areas within the video
	+ Prevention Legal Services available from Legal Aid and ARPA resources – Milo Mumgaard, Legal Aid
		- Works to stabilize families with free legal assistance to those who wouldn’t be able to afford representation
		- Prioritize work around four areas – housing, children & families, debt & finance, and income & benefits
		- Have programs trying to reach people across the state
		- Intake Process has two methods – apply online lawhelpne.legalaidofnebraska.org or call access line 1-877-250-2016
	+ Questions and Discussion
* Mindfulness Moment – preparing for the New Year