About the Nebraska Child Abuse Prevention Fund Board

The Nebraska Child Abuse Prevention Fund Board was created in 1986 by the Nebraska Legislature to provide prevention information, education, and resources to parents, professionals, and the public. Board members are appointed by the Governor and approved by the Legislature. The Board is administered by the Nebraska Department of Health and Human Services.

The board’s plan for 2016-2017 included the following priorities:

- Supporting evidence-informed approaches to child abuse prevention in Nebraska communities. The number of communities receiving direct funds doubled over the past two years.

- Administering a statewide public awareness campaign through child abuse prevention councils and coalitions. The number of councils and coalitions serving multiple counties remained stable at 17.

- Providing training and technical assistance on research-based child abuse prevention strategies to community grantees and other partners.
Grants

The Nebraska Child Abuse Prevention Fund Board (NCAPF Board) provides grants to support research-based strategies that help children thrive.

In 2016-2017, the NCAPF Board continued to provide funding for strategies that targeted universal populations, high-risk populations, and high-need individuals. Four primary strategies were implemented: Parents Interacting With Infants (universal), Community Cafés (universal), Circle of Security™ Parenting (universal and high-risk), and Parent-Child Interaction Therapy (high-need individual). These four strategies reached children from infancy through youth. More than 632 families with children participated in multiple sessions of these strategies.

All strategies were implemented by community coalitions that were also working on other approaches to build the protective factors that research has shown to reduce child abuse and neglect: parental resilience, concrete supports, social connections, knowledge of child development, nurturing and attachment, and children’s social-emotional competence.
Strategy for Universal Populations

Parents with infants and young children ages 0-2

Parents Interacting With Infants (PIWI)

PIWI is an evidence-informed strategy from the Center on the Social and Emotional Foundations for Early Learning. PIWI brings parents of very young children together in small groups to increase their confidence, competence, and joy in parenting. The developmental topics of each PIWI session increase mutually enjoyable and beneficial interactions between parents and their young children. PIWI sessions also help to make it normal and positive to ask questions about parenting before problems occur.

Five community coalitions in Greater Nebraska conducted PIWI sessions this past year:

- Dakota County Connections, based in South Sioux City
- Zero2Eight in Platte and Colfax counties, based in Columbus
- Families 1st Partnership, based in North Platte
- Fremont Family Coalition, based in Fremont
- Norfolk Family Coalition, based in Norfolk

Across the five coalitions, 124 families with young children participated in PIWI groups or home-based services for an average of eight weeks.
Strategy for Universal Populations

Parent engagement and leadership

Community Cafés

Community Cafés are connected series of conversations among parents and other community members. Parents choose conversation topics and host the Cafés with the support of local organizations. The Café conversations identify actions for positive changes in families, neighborhoods, and the community.

The Community Café model began in Washington State and is being successfully implemented in 17 states. In 2016-2017, the NCAPF Board awarded grant funds to four Nebraska communities to conduct Community Cafés. Each community supported six parent and staff teams in hosting a total of 46 Cafés with 690 participants, including 340 adults and 350 children. Results included increased access to resources for families, improvements in schools, and increased safety in neighborhoods. One community conducted Cafés in Spanish.

**KEY FINDINGS**

- 97% of participants found the Cafés to be helpful
- 92% of participants met other supportive parents or staff
- 90% of participants said Cafés would create positive change in their family or community
- 83% of participants reported an increased capacity for leadership
- 80% of participants reported increased involvement in their community
Strategy for Universal and High-Risk Populations

Parents and other caregivers and their children, including many who have experienced trauma and involvement with child welfare

Circle of Security™ Parenting (COS-P)

COS-P classes are designed to enhance attachment security between parents and children. Community partners in the following counties and others participated in COS-P in 2017: Lancaster, Douglas, Lincoln, Harlan, and Richardson. About 70 parents participated.

An overview of COS-P that includes the viewpoints of parents can be found at www.rootedinrelationships.org/resources/videos/circle-of-security-parenting.html

KEY FINDING

COS-P participants demonstrated significant increases in parenting skills, improved relationships with their children, and decreased parenting stress as measured by a pre/post survey.
Strategy for High-Need Individuals

*Parents and children ages 2-7 with challenging behaviors*

**Parent-Child Interaction Therapy (PCIT)**

PCIT is an evidence-based strategy that improves the quality of the parent-child relationship and parent-child interaction patterns. PCIT helps parents learn specific skills to establish a nurturing and secure relationship with their child while decreasing their child’s negative behaviors.

Five Child Well-Being collaborations in Greater Nebraska supported PCIT implementation:

- Dakota County Connections, based in South Sioux City
- Zero2Eight in Platte and Colfax counties, based in Columbus
- Families 1st Partnership, based in North Platte
- Fremont Family Coalition, based in Fremont
- Norfolk Family Coalition, based in Norfolk

Ninety-nine families with children participated in PCIT for an average of nine sessions.

Parents participating in Parent-Child Interaction Therapy made significant improvements in nurturing and attachment, family resilience, and knowledge of child development as measured by the Protective Factors Survey.
Public Awareness Campaign

The NCAPF Board supported the national Pinwheels for Prevention public awareness campaign with a focus on promoting the Protective Factors that all families need to thrive. Seventeen local child abuse prevention councils and five other partners used the Nebraska Pinwheels website and campaign tools to inform and engage parents and community members in activities and events to develop stronger families across the state. Campaign materials displayed or distributed included more than 19,000 pinwheels and more than 12,000 other items.

In April, 110 campaign radio ads ran on Nebraska Radio Network’s 51 stations. KIOS ran 51 campaign spots per week, and NET ran spots on five programs from April through June. City bus ads were placed in Omaha and Lincoln in April.
Training and Technical Assistance

All grantees received support for initial training, implementation, and evaluation in NCAPF-supported strategies, including PIWI, Circle of Security-Parenting, PCIT, and Community Cafés. Additional support was provided for development of community systems to support and use these strategies, including but not limited to Community Well-Being, Collective Impact, and Community Response. This support was provided through on-site training and technical assistance, regional meetings, peer learning calls, and various other means.
Allocations

Five grants to communities for evidence-based practices

21%

Five grants to communities for evidence-based practices

25%

Four grants to communities and one grant for support of parent engagement

15%

Public awareness and education, including radio ads and resources for child abuse prevention councils and coalitions

39%

Training, technical assistance, and evaluation

Community Grantees

<table>
<thead>
<tr>
<th>Organization</th>
<th>Amount</th>
<th>Program</th>
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</thead>
<tbody>
<tr>
<td>Norfolk Area United Way</td>
<td>$22,500</td>
<td>PIWI and PCIT</td>
</tr>
<tr>
<td>East Central District Health</td>
<td>$12,000</td>
<td>PIWI and PCIT</td>
</tr>
<tr>
<td>Fremont Area United Way</td>
<td>$12,500</td>
<td>PIWI and PCIT</td>
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<tr>
<td>Siouxland Human Investment</td>
<td>$27,500</td>
<td>PCIT</td>
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<tr>
<td>West Central District Health</td>
<td>$30,000</td>
<td>PIWI and PCIT</td>
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<tr>
<td>NAECY</td>
<td>$30,000</td>
<td>COS-P</td>
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Parent Engagement

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<th>Program</th>
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<tr>
<td>Lincoln Community Foundation</td>
<td>$17,500</td>
<td>Community Cafés</td>
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<tr>
<td>Norfolk Area United Way</td>
<td>$5,261</td>
<td>Community Cafés</td>
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<td>Metropolitan Child Advocacy</td>
<td>$11,700</td>
<td>Community Cafés</td>
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<td>Central District Health</td>
<td>$5,962</td>
<td>Community Cafés</td>
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<td>National Alliance of Children's Trust and Prevention Funds</td>
<td>$10,000</td>
<td>Community Café training and support</td>
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Public Awareness

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<tr>
<td>Unanimous</td>
<td>$38,500</td>
<td>Prevention Store</td>
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<tr>
<td>Learfield</td>
<td>$25,000</td>
<td>Radio ads</td>
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<tr>
<td>Houck Transit</td>
<td>$15,000</td>
<td>Bus ads</td>
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<tr>
<td>Pear Press</td>
<td>$5,800</td>
<td>Books</td>
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<tr>
<td>Nebraska Press Advertising</td>
<td>$4,500</td>
<td>Online ads</td>
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Training, Technical Assistance & Evaluation

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<th>Organization</th>
<th>Amount</th>
<th>Program</th>
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<tr>
<td>Nebraska Children &amp; Families</td>
<td>$60,000</td>
<td>Training, Technical assistance, Coordination &amp; Evaluation</td>
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<td>UNMC</td>
<td>$2,954</td>
<td>PCIT Survey</td>
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<tr>
<td>UNL Center for Children Families &amp; the Law</td>
<td>$10,000</td>
<td>Early Childhood Mental Health Planning</td>
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TOTAL $347,177
Board of Directors 2016-2017

The NCAPF Board is administered by the Nebraska Department of Health and Human Services and is governed by a Board that is nominated by the Governor and approved by the State Legislature.

**District I**
Dr. Lisa Knoche (Chair), Lincoln

**District II**
Mary Beth Hanus, Omaha
Dr. Paul Nelson, Omaha

**District III**
Dr. Todd Bartee (Vice-Chair), Kearney
Shelley McQuillan, Ogallala

**Member-At-Large**
Dr. Mary Fran Flood, Lincoln

**Personnel Required by Statute**
Emily Kluver and Judy Martin represented the Nebraska Department of Health and Human Services, Divisions of Children and Family Services and Public Health, respectively.

Report prepared by Nebraska Children and Families Foundation