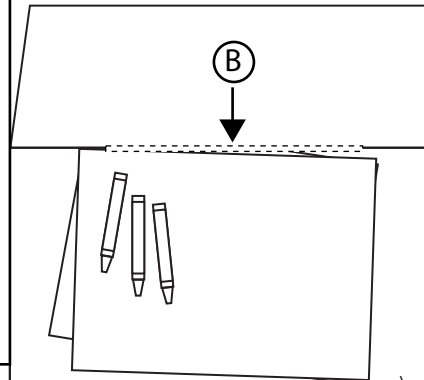


Rethink
Your Reaction
 Laugh • Talk • Ask
 RethinkYourReaction.org
 A campaign to promote
 safe and healthy family interaction



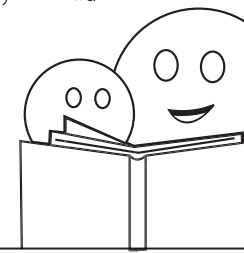
*Draw a picture together about
 a family event or experience
 Show affection to your child by
 providing hugs and gentle touches*

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*Talk about how you feel
 when someone smiles at you
 Interact with your child through
 conversation, eye contact
 and facial expressions*



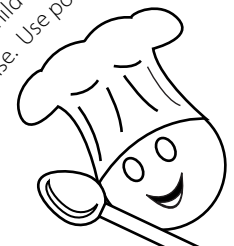
*Read a book together
 or visit a local library
 Act as a positive role model
 for your child*



*Play a game that builds
 on curiosity, such as "I Spy"
 Understand your child's ages/stages and
 provide appropriate activities*



*Cook with your child. Let them
 measure ingredients with you
 Catch your child being good
 and offer praise. Use positive words.*



How to use your Rethink Your Reaction Resource Card and Activity Cube:

- Punch out the Resource Card along the perforated lines - keep it handy in a wallet or purse.
- Punch out the Activity Cube along the perforated lines.
- Encourage and help your child to decorate the Activity Cube with crayons, colored pencils or stickers.
- With a pair of scissors, cut a narrow slit along the perforated lines along Slot A and Slot B.
- Fold the template along the guidelines into a cube shape. Align Tab A with Slot A and Tab B with Slot B to hold the cube closed.
- Your cube is ready to use!

(A)

(A)

(B)