

## RESPONDING TO A YOUTH MENTAL HEALTH CRISIS

NAME OF ORGANIZATION is not a mental health organization and employees should not act in the capacity of a mental health provider.

However, employees of NAME OF ORGANIZATION will be educated on how to respond to a youth experiencing a mental health/suicidal behavior. To ensure such understand exists, all staff will:

- Participate in a Question Persuade Refer Suicide training or equivalent crisis or suicide intervention training within ninety days of hire. Appropriate equivalent trainings will be determined by the employee's immediate supervisor,
- Complete a quiz/exam after participating in the video or workshop; and,
- Know the appropriate helplines for referring a youth in crisis.
  - o Help Lines: National Suicide Prevention Lifeline: 1-800-273-8255
  - o Boys Town National Hotline: 1-800-448-3000
  - o Your Life, Your Voice: 1-800-448-3000
  - o Nebraska Family Helpline: 1-888-866-8660

NAME OF ORGANIZATION staff are expected to follow the procedures outlined in their training. At no time should a staff person drive to where a youth is located. If necessary, a staff may initiate a three-way call to transition a youth to the services of the helpline. The staff should only remain on the line for as long needed to transition the youth to the helpline's services. If the youth refuses to utilized helplines and the staff fears the youth may be in danger, the staff should contact emergency services via "911" and request a wellness check for the youth.

A critical incident report must be completed pursuant to the Critical Incident policy (pg. 5).